



Effects of Peripheral Somatosensory Neurostimulation

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Disclosures

Active Grants

NIH: PI, R01NS076348-01

FAPESP: PI, 2018/03737-8; 2019/00956-3

CNPq: 303070/2019-6

Topics

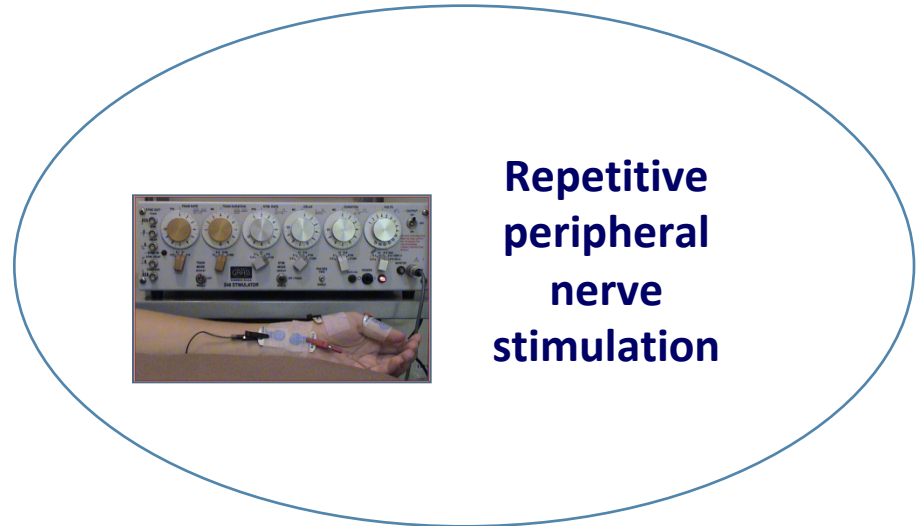
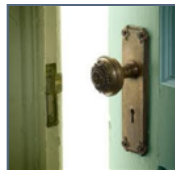
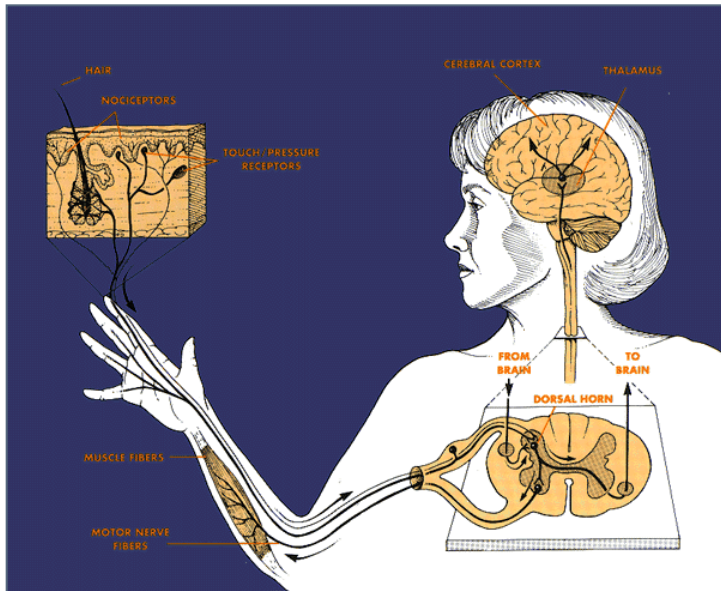
RPSS: what and why

Timeline: Cross-over studies and clinical trials



Repetitive peripheral sensory stimulation (RPSS)

Parameters that stimulate afferent fibers

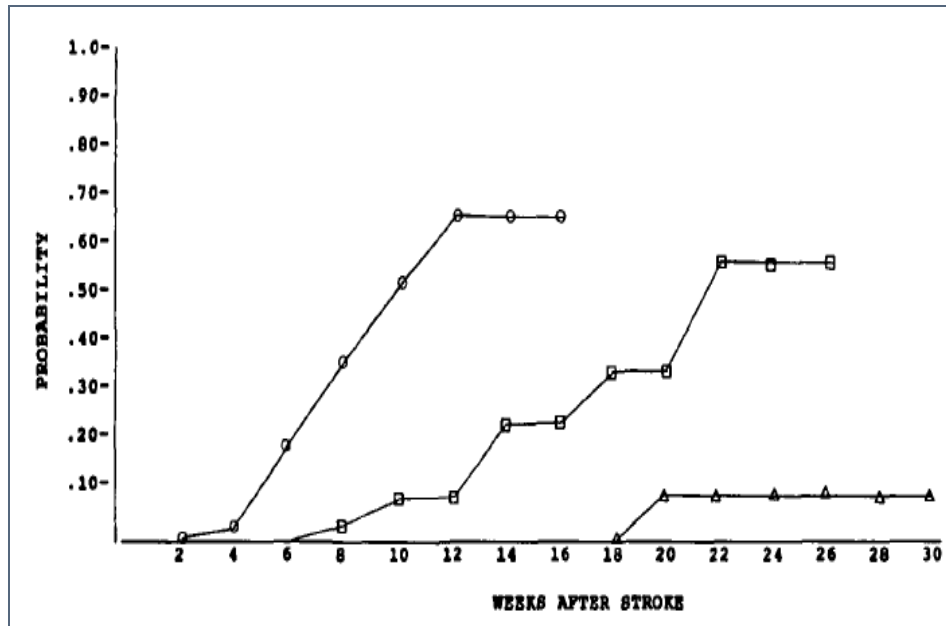


Repetitive peripheral sensory stimulation: (RPSS)



Repetitive peripheral sensory stimulation: (RPSS)

Probability
Barthel
Index ≥ 95



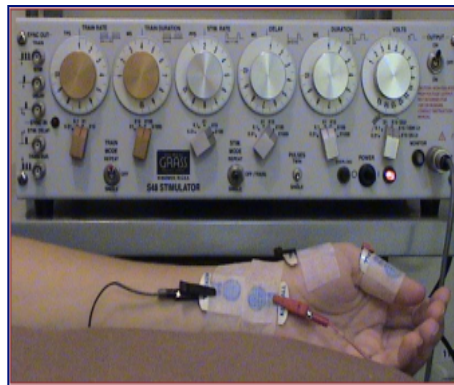
- Pure motor
- Motor + SS
- △ Motor + SS + hemianopia

Repetitive peripheral sensory stimulation: Hypothesis (RPSS)

**Manipulation of
sensory input**



**Modulation of
motor excitability/
function**



Reding and Potes. Stroke 1988

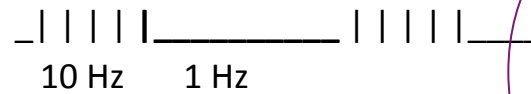
Nudo et al. Science 1996

Conforto et al. Ann Neurol 2002

Conforto et al. NNR 2018

Repetitive peripheral sensory stimulation (RPSS)

2-h ulnar nerve stimulation

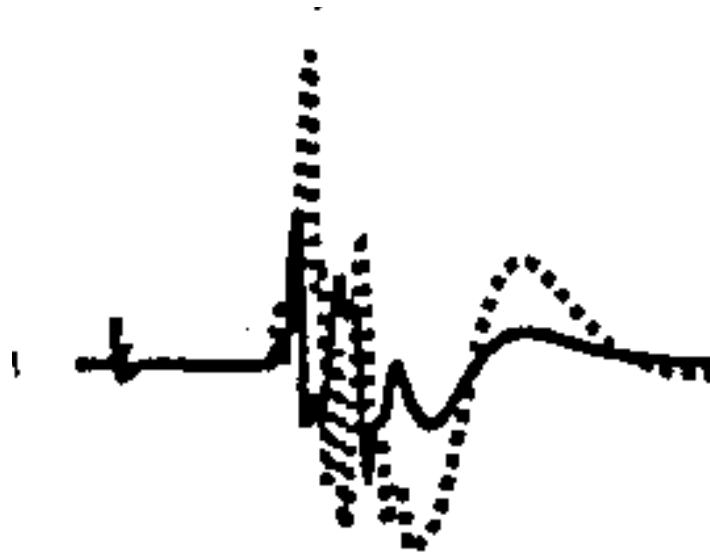


| Ax | Aβ | Aδ | C |
|-----------------------------------|--------------------------|-------------------|------------------|
| Group I | Group II | Group III | Group IV |
| | | | |
| 12-20 70-170 | 6-12 31-70 | 1-8 5-30 | 0.2-1.5 0.5-2 |
| Proprioceptors of skeletal muscle | Mechanoreceptors of pain | Pain, temperature | Temp, pain, itch |

Before: Solid

After: Dotted

1 mV
50 ms



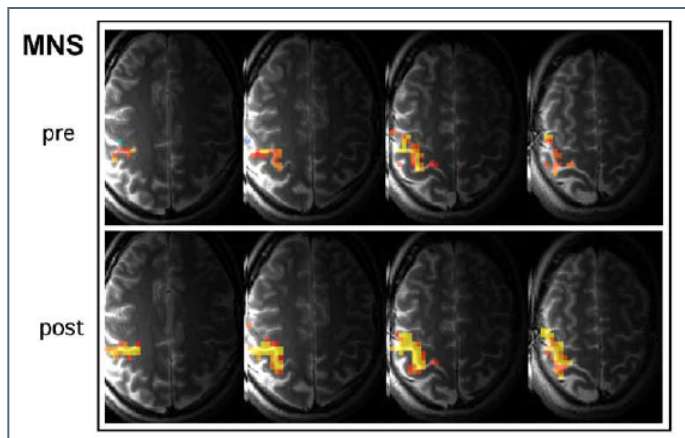
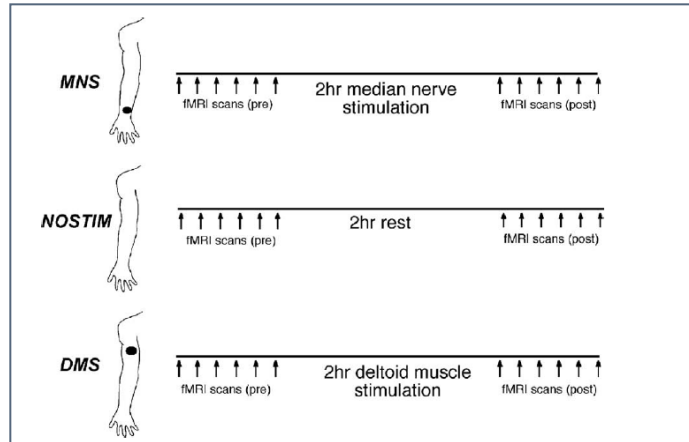
MEP

ADM

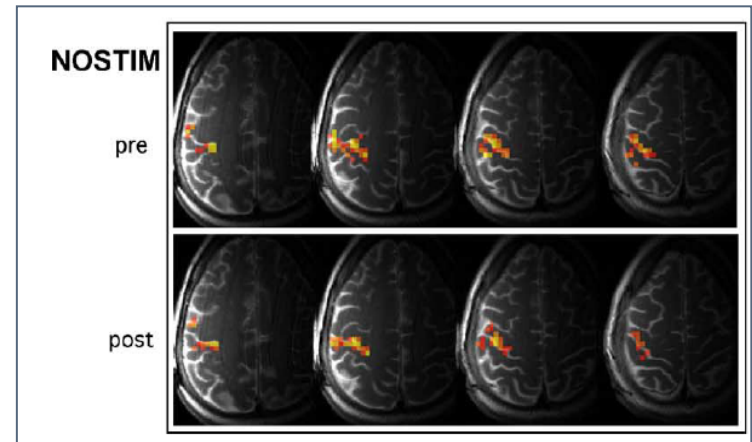
Ridding et al *Exp Brain Res* 2000

Kaeling-Lang et al *J Physiol* 2002

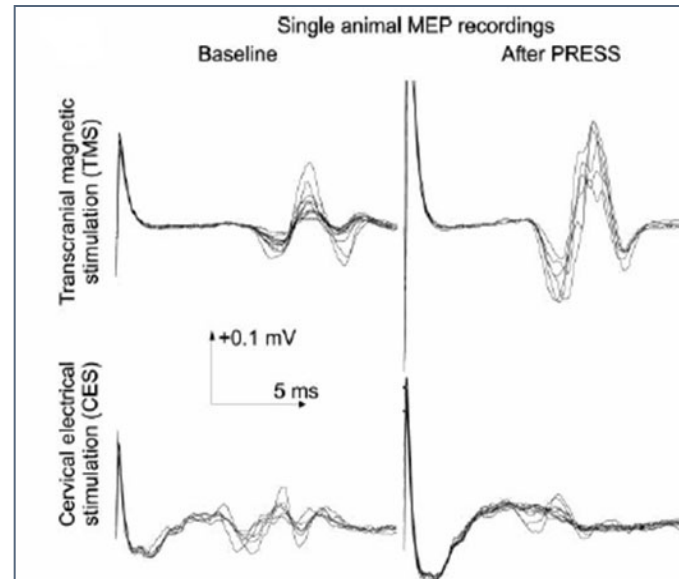
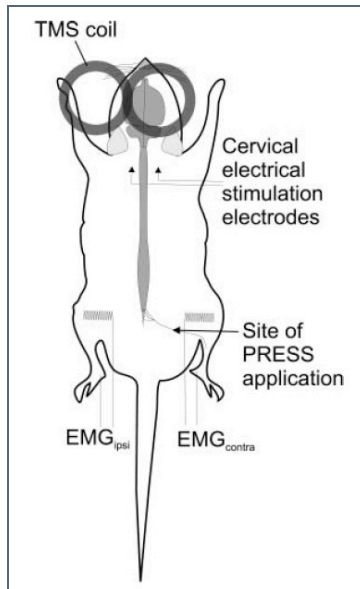
Repetitive peripheral sensory stimulation (RPSS)



↑ M1 > S1 > PM



Repetitive peripheral sensory stimulation: (RPSS)



Repetitive peripheral sensory stimulation: (RPSS)

**Paretic
hand**

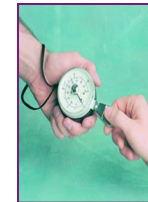
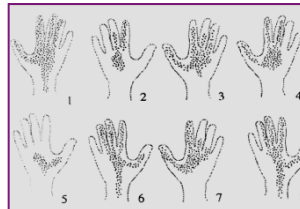
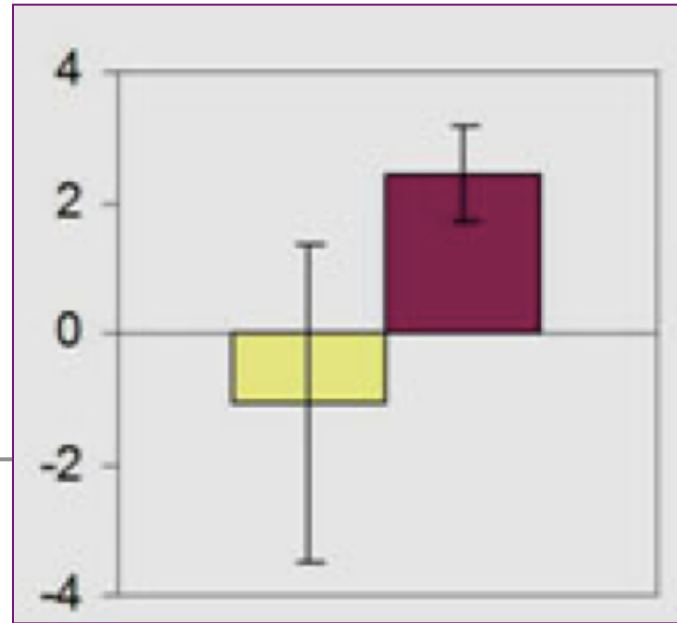
2002

Increase in Hand Muscle
Strength of Stroke Patients
after Somatosensory
Stimulation

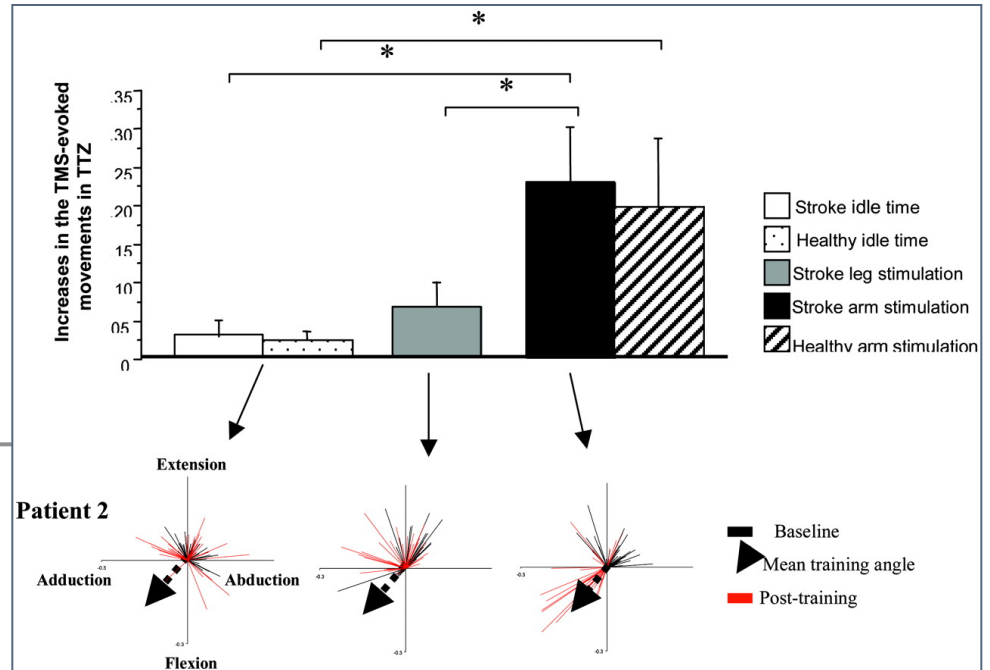
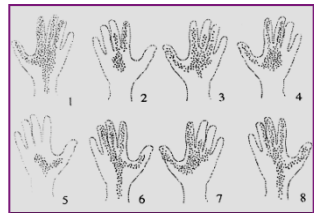
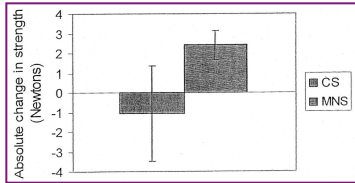
Adriana B. Conforto, MD, Alain Kaelin-Lang, MD,
and Leonardo G. Cohen, MD

Ann Neurol 2002;51:122-125

Change in strength (N)



Repetitive peripheral sensory stimulation: (RPSS)



2002

2006

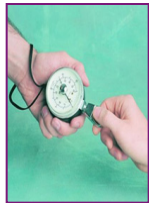
Effects of Somatosensory Stimulation on Use-Dependent Plasticity in Chronic Stroke
 Lumy Sawaki, Carolyn W.-H. Wu, Alain Kaelin-Lang and Leonardo G. Cohen
Stroke 2006;37:246-247; originally published online Dec 1, 2005.

Increase in Hand Muscle Strength of Stroke Patients after Somatosensory Stimulation

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Ann Neurol 2002;51:122-125

Repetitive peripheral sensory stimulation: (RPSS)

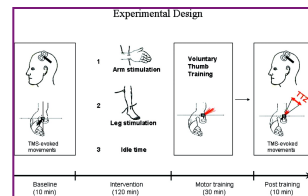


2002

Increase in Hand Muscle Strength of Stroke Patients after Somatosensory Stimulation

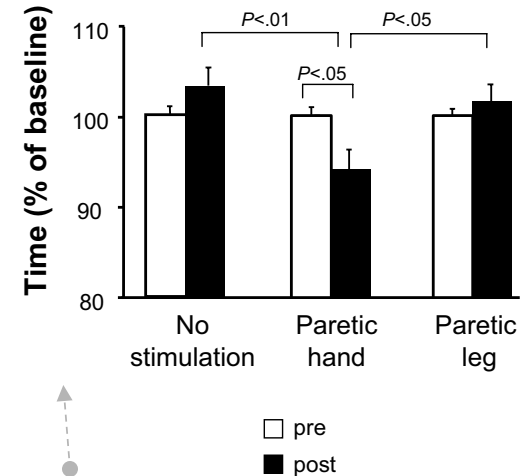
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Ann Neurol 2002;51:122-125



2006

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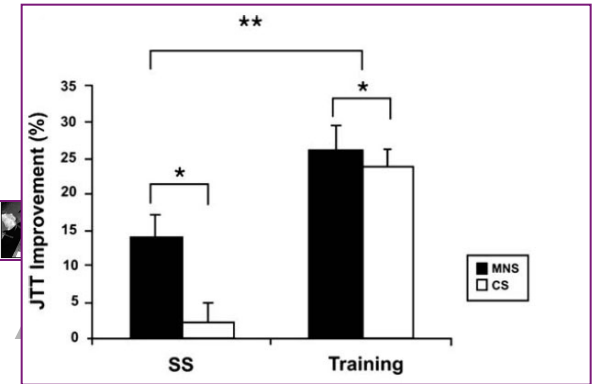
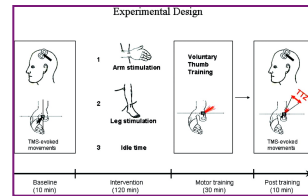
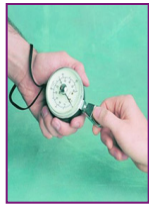


Influence of Electric Somatosensory Stimulation on Paretic-Hand Function in Chronic Stroke

Carolyn W. Wu, PhD, Hye-Jung Seo, MD, Leonardo G. Cohen, MD

Arch Phys Med Rehabil 2006;87:351-7.

Repetitive peripheral sensory stimulation: (RPSS)



2002

2006

2006

2007

Increase in Hand Muscle Strength of Stroke Patients after Somatosensory Stimulation

Adriana B. Conforto, MD, Alain Kaelin-Lang, MD, and Leonardo G. Cohen, MD

Ann Neurol 2002;51:122-125

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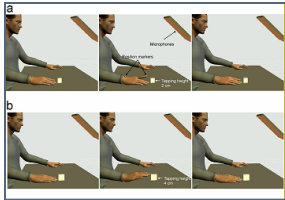
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Carolyn W. Wu, PhD, Hye-Jung Seo, MD, Leonardo G. Cohen, MD

Arch Phys Med Rehabil 2006;87:351-7.

ORIGINAL COMMUNICATION
Adriana B. Conforto
Leonardo G. Cohen
Renata Laurenti dos Santos
Silviana Scaff
Stacy Karan-Naghabadi Marie
Effects of somatosensory stimulation on motor function in chronic cortico-subcortical strokes

Repetitive peripheral sensory stimulation: (RPSS)

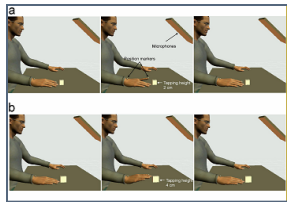


2008

Electrical somatosensory stimulation improves movement kinematics of the affected hand following stroke

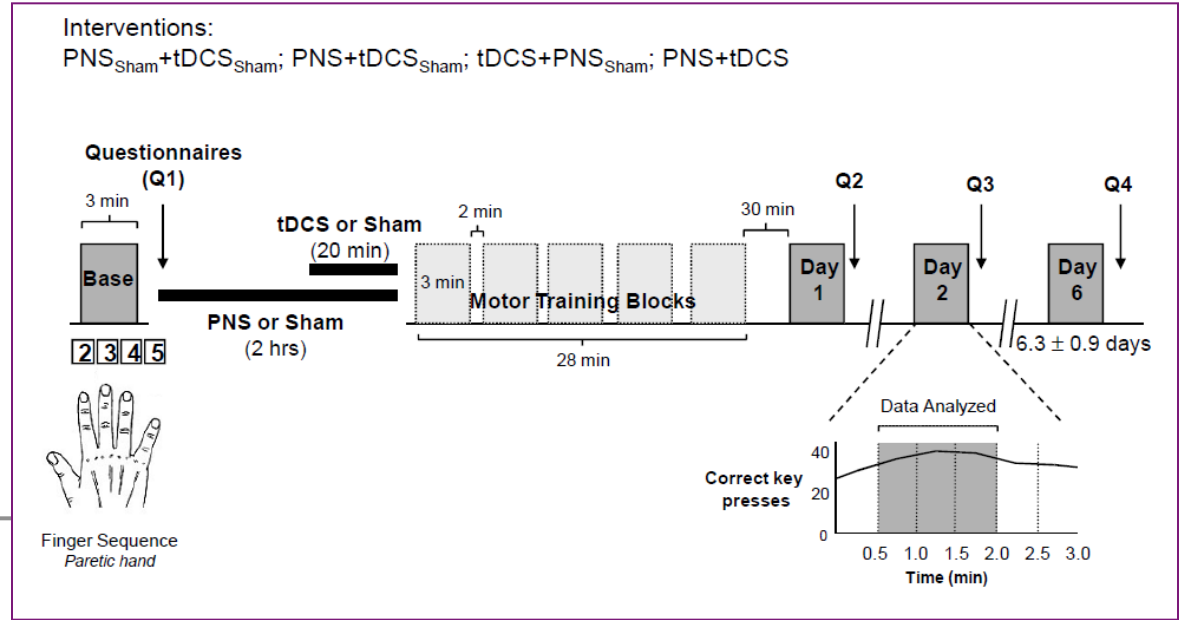
I B M Koesler, M Dafotakis, M Ameli, G R Fink and D A Novak
J. Neurol. Neurosurg. Psychiatry 2009;80:614-619; originally published online 14 Nov 2008.
doi:10.1136/jnnp.2008.161117

Repetitive peripheral sensory stimulation: (RPSS)



2008

2009



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J. Neurof. Neurosurg. Psychiatry 2009;80:614-619; originally published online 14 Nov 2008.
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NIH Public Access

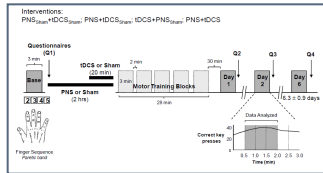
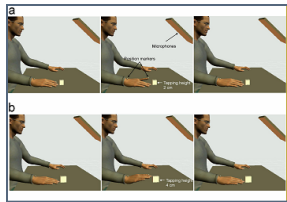
Author Manuscript

Stroke. Author manuscript; available in PMC 2010 May 1.
 Published in final edited form as:
 Stroke. 2009 May; 40(5): 1764-1771. doi:10.1161/STROKEAHA.108.540900.

"Effects of combined peripheral nerve stimulation and brain polarization on performance of a motor sequence task after chronic stroke"

Pablo Calnik, M.D.^{1,2,*}, Nam-Jong Paik, M.D., Ph.D.^{1,3,*}, Yves Vandermeeren, M.D., Ph.D.^{1,4}, Michael Dimyan, M.D.¹, and Leonardo G. Cohen, M.D.¹

Repetitive peripheral sensory stimulation: (RPSS)



2008

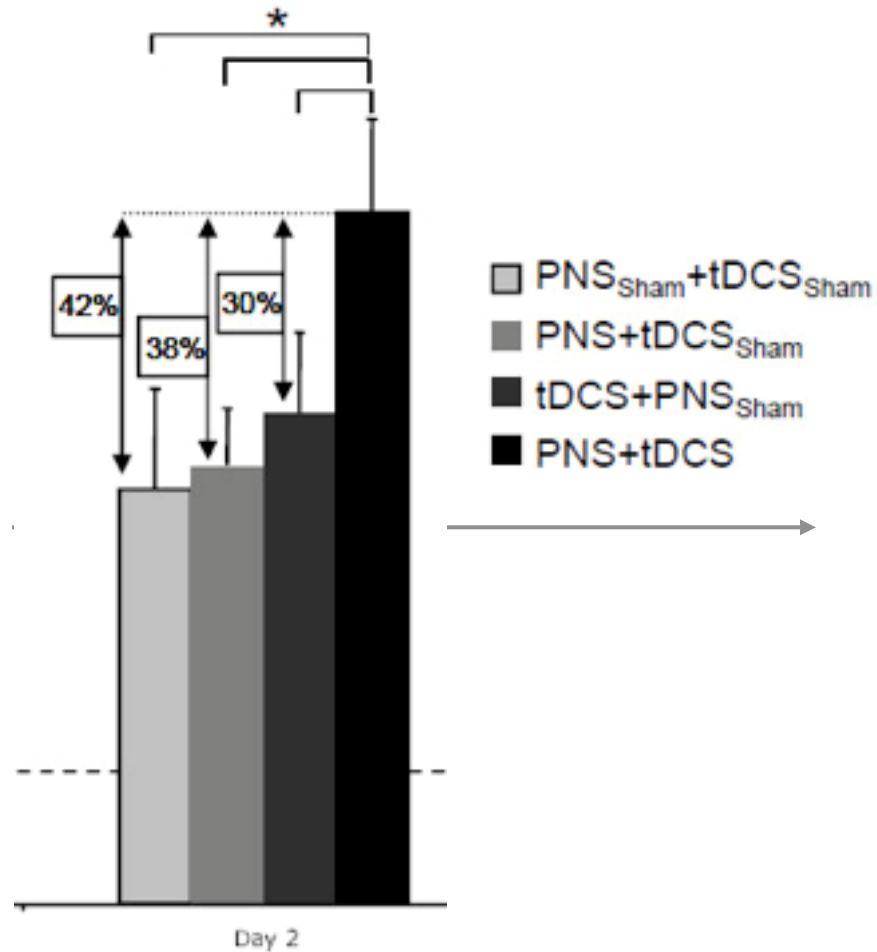
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Electrical somatosensory stimulation improves movement kinematics of the affected hand following stroke
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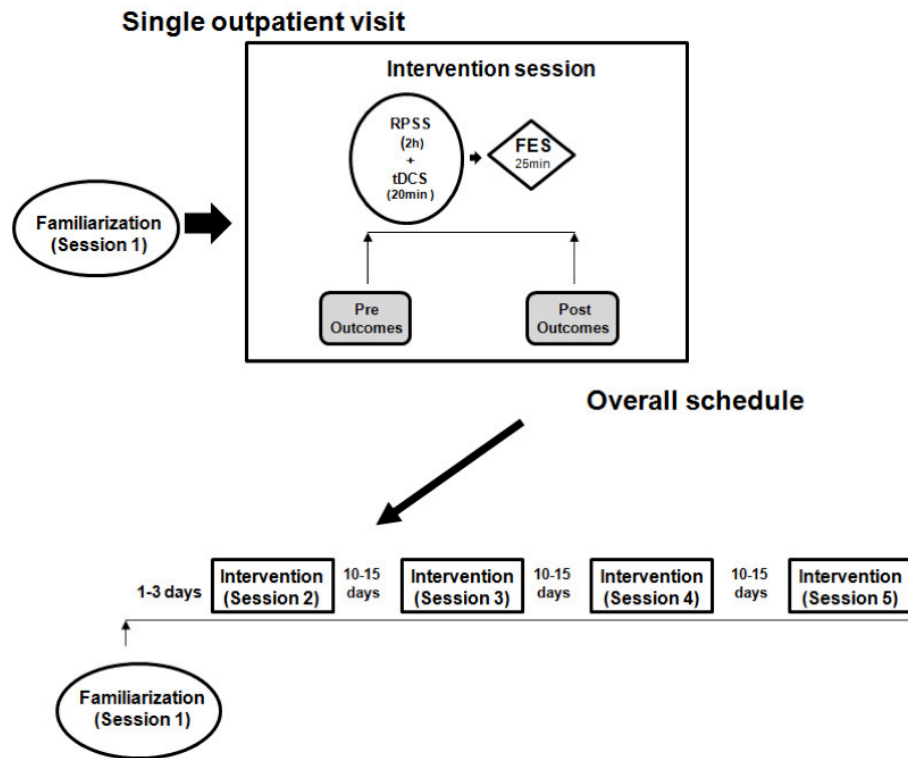
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Correct keys / 30 sec
(% of Baseline)



Repetitive peripheral sensory stimulation: (RPSS)



Combined brain and peripheral nerve stimulation in chronic stroke patients with moderate to severe motor impairment

Isabella S. Menezes, PT, MS¹, Leonardo G. Cohen, MD², Eduardo A. Mello, PT¹, André G. Machado, MD, PhD^{3,4}, Paul Hunter Peckham, MS, BS, PhD⁴, Sarah M. Anjos, OT, MS^{1,5}, Inara L. Siqueira, UGS¹, Juliana Conti, OT¹, Ela B. Plow, PT, PhD^{3,4}, and Adriana B. Conforto, MD, PhD^{1,6}

¹Hospital das Clinicas/São Paulo University, São Paulo, Brazil

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³Department of Neurosciences, Lerner Research Institute, Cleveland Clinic, Cleveland, Ohio, United States

⁴Case Western Reserve University, Cleveland, Ohio, United States

⁵Departments of Physical Therapy and Occupational Therapy; School of Health Professions, University of Alabama at Birmingham, Birmingham, Alabama, United States

⁶Hospital Israelita Albert Einstein, São Paulo, Brazil

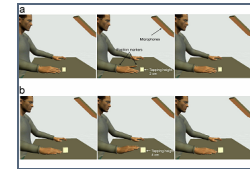
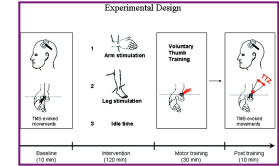
Repetitive peripheral sensory stimulation: (RPSS)

Mildly
affected
patients

Crossover
design

$n < 20$

Chronic
phase

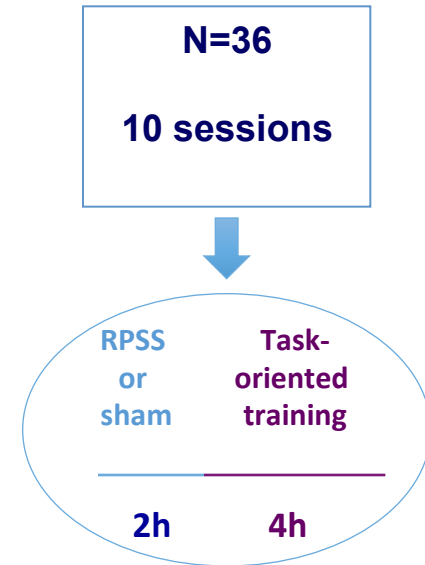


Repetitive peripheral sensory stimulation: (RPSS)

Nerve Stimulation Enhances Task-Oriented Training in Chronic, Severe Motor Deficit After Stroke

A Randomized Trial

Cheryl Carrico, MS, OT/L; Kenneth C. Chelette, II, MS; Philip M. Westgate, PhD;
Elizabeth Powell, MS; Laurie Nichols, BS, OT/L; Anne Fleischer, MPH, OT/L, CLT-LANA;
Lumy Sawaki, MD, PhD

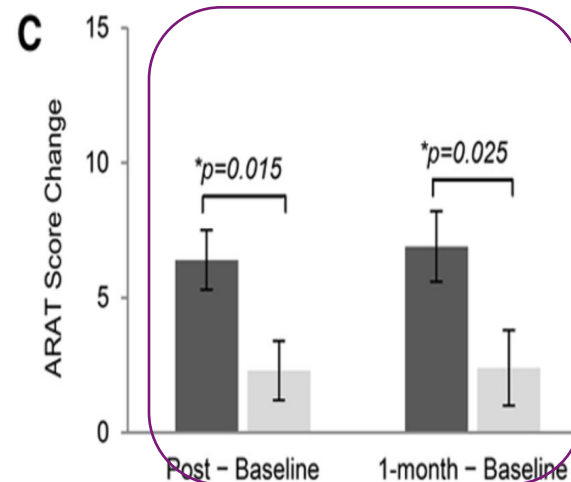
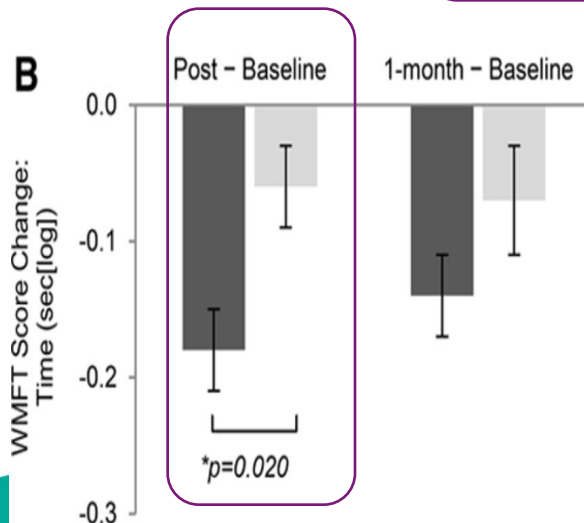
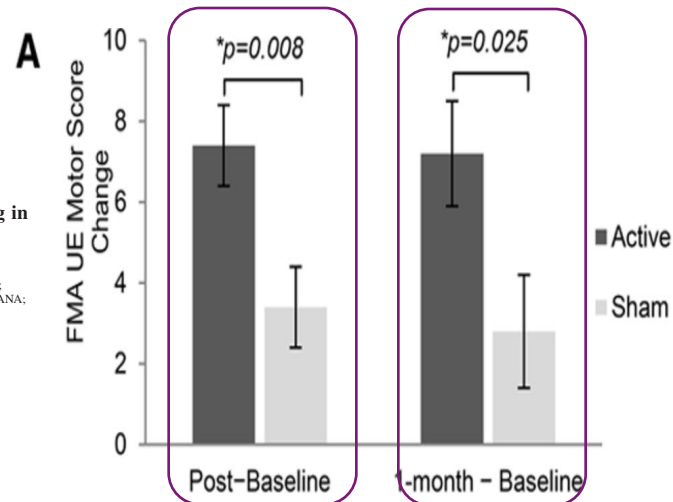
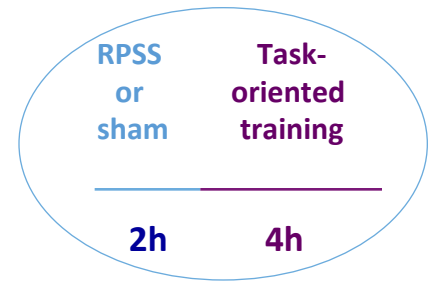


Repetitive peripheral sensory stimulation: (RPSS)

Nerve Stimulation Enhances Task-Oriented Training in Chronic, Severe Motor Deficit After Stroke A Randomized Trial

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Elizabeth Powell, MS; Laurie Nichols, BS, OT/L; Anne Fleischer, MPH, OT/L, CLT-LANA;
Lumy Sawaki, MD, PhD

N=36
10 sessions



MCID, ARAT: 5.7

Repetitive peripheral sensory stimulation: (RPSS)

Chronic phase: Standardized mean difference
1.00 (0.64-1.37)

$$I^2=0$$

Repetitive Peripheral Sensory Stimulation and Upper Limb Performance in Stroke: A Systematic Review and Meta-analysis

Adriana Bastos Conforto, MD, PhD^{1,2}, Sarah Monteiro dos Anjos, MS³,
Wanderley Marques Bernardo, MD, PhD⁴, Arnaldo Alves da Silva, MD, PhD²,
Juliana Conti, MS¹, André G. Machado, MD, PhD⁵,
and Leonardo G. Cohen, MD, PhD⁶

Neurorehabilitation and
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1-9

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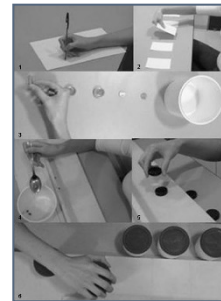
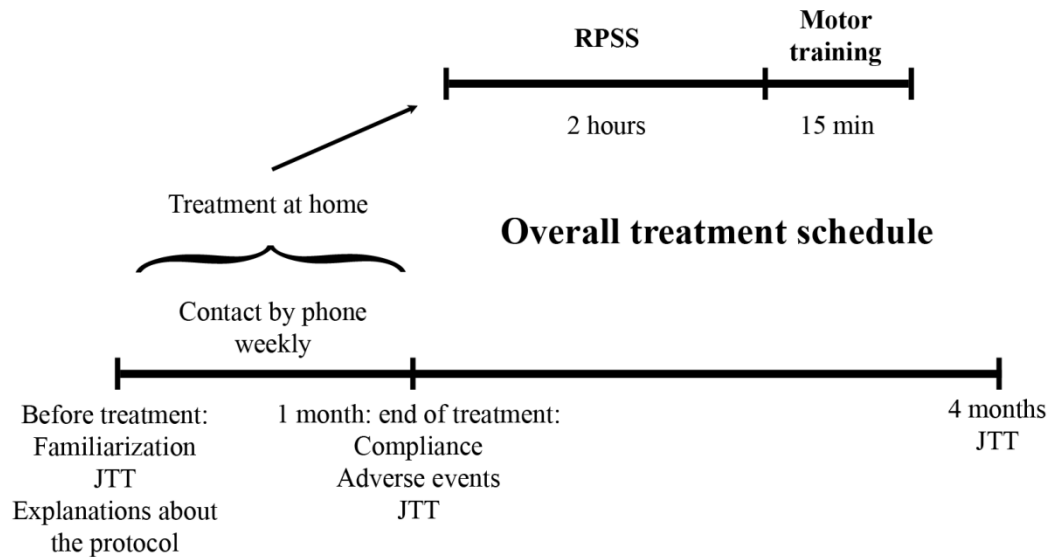
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Home-based stimulation

Chronic phase

Home-based
Peripheral stimulation
+ Training

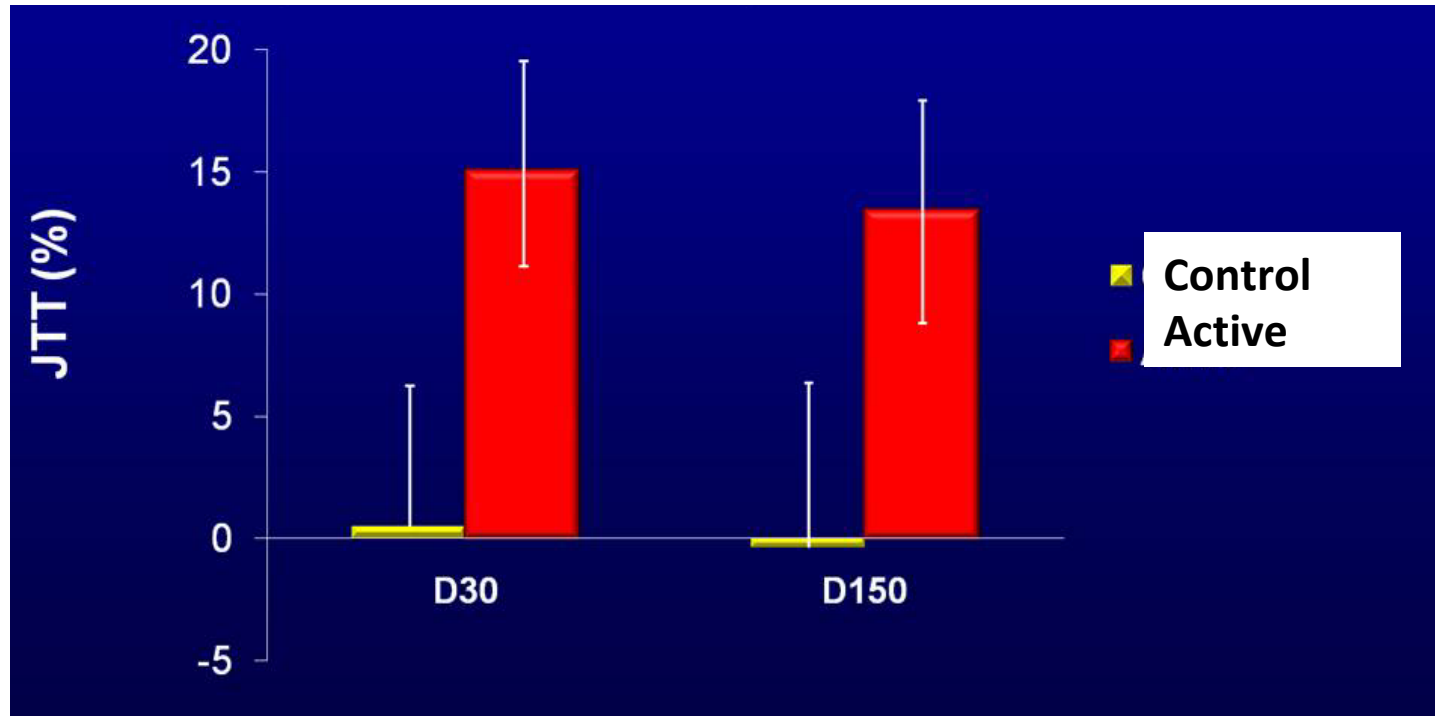


Home-Based Nerve Stimulation to Enhance Effects of Motor Training in Patients in the Chronic Phase After Stroke: A Proof-of-Principle Study

Renata Laurenti dos Santos-Fontes, MsC¹, Karina Nocelo Ferreiro de Andrade¹, Annette Sterr, PhD², and Adriana Bastos Conforto, MD, PhD^{1,3}

NeuroRehabilitation and
Neural Repair
27(5) 482-490
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Home-based stimulation



Home-Based Nerve Stimulation to Enhance Effects of Motor Training in Patients in the Chronic Phase After Stroke: A Proof-of-Principle Study

Renata Laurenti dos Santos-Fontes, MsC¹, Karina Nocelo Ferreiro de Andrade¹, Annette Sterr, PhD², and Adriana Bastos Conforto, MD, PhD^{1,3}

NeuroRehabilitation and
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Active studies

R01NS076348-01: Shorter duration of training and RPSS compared to previous studies

2018/03737-8: Comparison of RPSS in chronic and subacute stages after stroke

2018/16352-7: RPSS in acute stroke



Take-home messages

Promising

Needs:

More knowledge about mechanisms

Optimal duration and parameters

Bigger trials with clinically relevant outcomes

Match right patient to right treatment

Acknowledgments



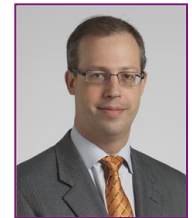
Danielle Pires
Eduardo Mello
Glucia Rocha
Isabella Menezes
Jessica Kroth
Marco Oliveira
Nathalia Ribeiro
Paloma de Freitas
Sarah dos Anjos



Leonardo Cohen
NIH



Ela Plow
Cleveland Clinic



André Machado
Cleveland Clinic



P. Hunter Peckham
Case Western Reserve
University

Patients